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Effect of antidepressants on GABA_B receptor function and subunit expression in rat hippocampus

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Abstract

Laboratory and clinical studies suggest that depression is associated with changes in the hippocampus and that this brain region is a major target for antidepressant drugs. Given the data suggesting that GABA_B receptor antagonists display antidepressant properties, the present study was undertaken to assess the effect of antidepressant administration on GABA_B receptors in the rat hippocampus to determine whether changes in this regional receptor system may play a role in the response to these agents. Rats were administered (i.p.) the monoamine oxidase inhibitors tranylcypromine (10 mg/kg) or phenelzine (10 mg/kg), the tricyclic antidepressant desipramine (15 mg/kg), or fluoxetine (5 mg/kg), a selective serotonin re-uptake inhibitor, once daily for seven consecutive days. Two hours following the last drug treatment the hippocampal tissue was prepared for defining the distribution and quantity of GABA_B receptor subunits using in situ hybridization and for assessing GABA_B receptor function by quantifying baclofen-stimulated [35 S]-GTP γ S binding. All of these antidepressants selectively increased the expression of the GABA_{B(1a)} subunit in hippocampus, having no consistent effect on the expression of GABA_{B(1b)} or GABA_{B(2)}. Moreover, except for fluoxetine, these treatments increased GABA_B receptor function in this brain region. The results indicate that an enhancement in the production of hippocampal GABA_{B(1a)} subunits may be a component of the response to antidepressants, supporting a possible role for this receptor in the symptoms of depression and the treatment of this condition. © 2004 Elsevier Inc. All rights reserved.

Keywords: GABA_B receptors; Hippocampus; Antidepressants; GABA_B receptor subunits

1. Introduction

Pharmacologic manipulation of the γ -aminobutyric acid (GABA) system may be of benefit in the treatment of affective illness [1–2]. Thus, administration of antidepressants modifies GABA_B receptor binding and function in rat brain [3–8], GABA_B receptor antagonists have antidepressant activity in animal models of this disorder [9], and GABA_{B(1)} null mice display an antidepressant-like phenotype in the forced swim test [2]. Moreover, clinical studies indicate that plasma GABA levels are altered in mania and depression [10,11], and drugs thought to affect

Abbreviations: GABA, γ -aminobutyric acid; GABA_B, γ -aminobutyric acid-B receptors; GABA_{B(1a)}, GABAB(1b); GABA_{B(2)}, γ -aminobutyric acid-B receptor subunits.

GABAergic transmission are used for the treatment of bipolar disorder [12,13]. Questions remain, however, about the precise role of GABA and GABA_B receptors in mediating symptoms of these conditions, and the extent to which antidepressant-induced changes in GABA_B receptor number or function are a common characteristic of this drug class [3]. For example, while there have been numerous reports over the past two decades indicating that chronic administration of antidepressants increases GABA_B receptor binding and function in rat and mouse brain cerebral cortex [4,6,7], others have been unable to confirm this finding [14–16]. These contradictory results make it difficult to develop a unifying theory on the relationship between GABA_B receptors and affective illness

Recent discoveries pertaining to neuroanatomical and neurochemical abnormalities associated with depression,

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and the composition and function of GABA_B receptors, suggest new avenues of research for determining whether there may be a causal relationship between the clinical response to antidepressants and modifications in this receptor system. Included are laboratory and clinical research suggesting that changes in the volume of the hippocampus are associated with depression, and that antidepressant-induced modifications in this brain region may be a significant factor with regard to their clinical efficacy [17–20]. For example, chronic stress, a precipitating factor for depression, causes hippocampal atrophy, decreases cognitive abilities, and reduces the expression of neurotrophic growth factor in this brain region of the rat brain. A reduction in hippocampal volume has also been reported in depressed patients [18]. Taken together, these studies indicate that changes in the hippocampus may play a central role in mediating the symptoms of depression and the action of antidepressants.

Receptor cloning and expression studies have revealed that the GABA_B site is a G protein-coupled heterodimer composed of GABA_{B(1)} and GABA_{B(2)} subunits [21–23]. Although numerous variants have been identified for these two gene products, not all are capable of forming functional receptors, with the GABA_{B(1a)}/GABA_{B(2)} and GABA_{B(1b)}/GABA_{B(2)} being the most extensively studied combinations. Gene knockdown and deletion experiments indicate that GABA_B receptor assembly and function generally requires a union of GABA_{B(1)} and GABA_{B(2)} subunits, with some receptor activity detectable in the absence of $GABA_{B(2)}$ but not $GABA_{B(1)}$ [22,24–29]. While the subunit composition and stoichiometry of GABA_B receptors is very limited, these two gene products are not always expressed in tandem, suggesting they may have functions separate from their role as constituents of the GABA_B receptor [30–33]. It has also been found that certain drug treatments and physiological stimuli, such as pain, can regulate GABA_B receptor subunit expression and function in defined regions of the central nervous system [30,34,35].

The present study was undertaken to assess the effect of antidepressant administration on the expression and function of GABA_B receptors in the rat hippocampus in an attempt to determine whether there is a consistent modification in this brain region in response to this drug class. The results indicate that administration of tranylcypromine, desipramine, phenelzine or fluoxetine, representing three different classes of antidepressants, for seven consecutive days increases the expression of $GABA_{B(1a)}$, but not necessarily $GABA_{B(1b)}$ or $GABA_{B(2)}$, in the hippocampus. In addition, except for fluoxetine, all of these antidepressant treatments increase GABA_B receptor activity in hippocampal tissue. These findings suggest a possible relationship between a selective increase in the expression of GABA_{B(1a)} subunits in the hippocampus and the clinical response to antidepressants.

2. Materials and methods

2.1. Drug treatments

Harlan Sprague-Dawley male rats (150–200 g) (Indianapolis, IN) were used throughout the study. The animals were housed 3 to a cage under a 12 h light/dark cycle with food and water ad libitum. The animals were allowed to adapt to the home cage for at least 24 h prior to drug treatment. All drugs were administered i.p. between 8:00 and 10:00 am once daily for seven consecutive days. The drugs employed, and the doses administered, were tranylcypromine (10 mg/kg), desipramine (15 mg/kg), fluoxetine (5 mg/kg), and phenelzine (10 mg/kg). The selection of doses was made on the basis of earlier work demonstrating they induce behavioral changes or cause neurochemical alterations in the central nervous system [8,36–39].

Two hours following the last injection the animals were decapitated, the brains removed, blocked and immersion fixed in 4% paraformaldehyde for in situ hybridization, or the hippocampus was immediately dissected and homogenized for analysis of [35S]-GTPγS binding.

2.2. In situ hybridization

The GABA_{B(1a)} probe, a 400-base-pair *Sma*I cDNA fragment, the GABA_{B(1b)} probe, a 310-base-pair *Ksp*I cDNA fragment, and the GABA_{B(2)} probe, a 724-base-pair Nhe/*Sac*I cDNA fragment, were all sub-cloned into Bluescript (Stratagene, Amsterdam, The Netherlands). The plasmids were kindly donated by K. Kaupmann (Novartis Pharma, Basel, Switzerland). Riboprobes were synthesized with digoxigenin-11-UTP (Roche Molecular Biochemicals) using the 'MAXIscript' in vitro transcription kit (Ambion).

Hippocampal tissue was cryostat-sectioned at 12 µm thickness and thaw-mounted on silanized slides. The sections were covered with pre-hybridization buffer (50 ml deionized formamide; 20 ml $20 \times$ SSC; 0.2 ml $50 \times$ Denhardt's solution [Sigma Chemical Co., St. Louis, MO], 25 ml yeast tRNA [10 mg/ml, Gibco BRL, Rockville, MD], and 1.6 ml 50% dextran sulfate [Oncor, Gaithersburg, MD]), then incubated for 1 h at 60 °C. The sections were hybridized overnight at 60 °C in pre-hybridization buffer containing 1 µg/ml digoxigenin labeled probes. Non-specifically bound probes were removed with posthybridization washing which consisted of 2×15 min in $2 \times$ SSC at 37 °C, 2×15 min in $1 \times$ SSC at 37 °C, and $2 \times$ 30 min in 0.1× SSC at 37 °C. Following equilibration for 1 min in Buffer 1 (100 mM Tris-HCl, 150 mM NaCl, pH 7.5) the tissues were pre-incubated at room temperature for 1 h with blocking reagent consisting of Buffer 1 with 2% normal sheep serum and 0.1% Triton X-100. Immunohistochemical detection of digoxigenin labeled hybrids was accomplished using an anti-digoxigenin antibody conjugated to alkaline phosphatase (Roche Molecular Biochemicals, Indianapolis, IN) diluted 1:1000 with Buffer 1 containing 1% normal sheep serum and 0.1% Triton X-100. After 1 h at 37 °C, the antibody-containing solution was removed and the tissue sections washed for 10 min in Buffer 1 and 10 min in Buffer 2 (100 mM Tris-HCl, 100 mM NaCl, 50 mM MgCl₂, pH 9.5). A chromogen solution (45 µl of 75 mg/ml nitroblue tetrazolium in 70% dimethylformamide, 35 µl of 50 mg/ml 5-bromo-4-chloro-3-indolyl phosphate in dimethylformamide in 10 ml Buffer 2) was used as a substrate for detecting the alkaline phosphatase marker. The reaction, which results in a purple precipitate, was terminated with Buffer 3 (10 mM Tris-HCl containing 1 mM EDTA, pH 8.0). Sections from different groups of animals were processed simultaneously to allow for visual comparison of precipitate densities. The tissue sections were dehydrated through graded ethanol, cleared in xylene, and mounted with Permount. Controls included hybridization with sense probes or omission of either the labeled probe or the anti-digoxigenin-alkaline phosphatase conjugated antibody. No staining was observed in either case. Tissues from three different animals for each treatment, with at least five sections per animal, were evaluated by image analysis.

Grayscale values (0-255) of the nitroblue tetrazolium salt precipitate were used to compare levels of GABA_B receptor subunits between groups. Hippocampal tissue obtained from vehicle-treated control animals was analyzed with each batch of tissue from drug-treated subjects to control for variation in the optical densities between groups. The image analysis system consists of a Dage/MTI 72 CCD camera mounted on the trinocular port of Zeiss Axioplan microscope (Carl Zeiss Inc., Thornwood, NJ). The camera is connected to a Matrox MVP-AT array processor installed in a 486-based PC running IM3000B image processing and analysis software (Belvoir Consulting, Long Beach, CA). All preparations were measured using a single illumination setting. The lamp was warmed and a 10× magnification selected. The lamp intensity, camera and software settings were manipulated to produce maximum contrast (spread of grayscale values) in the images.

Image analysis was performed using Scion Image (Frederick, MD). One section in each of the five different regions of the hippocampus (dentate gyrus, CA1–CA4 regions) containing immunoreactive product was outlined using a circle drawing command. The designated area was measured and the density of immunoreactivity analyzed within it. The five circular regions were pooled to obtain a final mean value for that tissue sample. The results are displayed as the overall average of the percent change in drug-treated animals as compared to vehicle-treated controls. The data were compared by SuperAnova using a one-way ANOVA with Fisher's PLSD post hoc. Differences between means were considered significant when P < 0.05.

2.3. $GTP\gamma S$ binding assay

Rat hippocampi were dissected, weighed, and homogenized in 50 mM Tris buffer, then centrifuged at $39,000 \times g$ for 10 min. The resultant pellet was resuspended in 50 mM Tris to a final concentration of 100 mg/ml. Portions (1.1 ml) of this homogenate were stored (-80 °C) individually until assayed.

The assay used for quantifying [35 S]-GTP γ S binding is a modified version of that reported by Alper [40]. Briefly, the frozen samples were thawed and suspended in 10 volumes of 50 mM Tris buffer and centrifuged at $39,000 \times g$ for 10 min, after which the resultant pellet was again suspended in 10 volumes of 50 mM Tris buffer and centrifuged as before. The final pellet was suspended in 18 ml assay buffer (4 mM MgCl₂, 160 mM NaCl, 0.267 mM EGTA, 67 mM Tris, pH 7.4) with 200 µl of the suspension added to 200 μ l of 1.2 mM GDP, 200 μ l [35S]-GTP γ S (55,000-70,000 cpm), and 200 µl of 1 mM baclofen, a saturating concentration of this GABA_B receptor agonist. Nonspecific binding was defined by replacing baclofen with 200 µl of 40 µM unlabeled GTP_γS. Basal levels of GTP_yS binding were examined by replacing baclofen with water. The mixture was incubated at 37 °C for 20 min, after which the reaction was terminated by rapid filtration over presoaked glass fiber filters using a Brandel cell harvester. The filters were placed in 7 ml liquid scintillation vials with 3 ml scintillation fluid (EconoSafe, Research Products International, Mount Prospect, IL). Radioactivity was quantified using a liquid scintillation counter. The data are displayed as the overall average of the percent stimulation over basal [35S]-GTP_γS binding in drug-treated as compared to vehicle-treated controls, with specific binding of [35S]-GTPγS analyzed using SigmaPlot. The results are compared by SuperAnova using a oneway ANOVA with Fisher's PLSD post hoc. Differences between means were considered significant when P <0.05.

2.4. Materials

Desipramine HCl, fluoxetine HCl, tranylcypromine HCl, phenelzine sulfate and guanosine diphosphate were all purchased from Sigma Chemical Co. (St. Louis, MO). Unlabeled GTPγS was purchased from CalBiochem (San Diego, CA), and [³⁵S]-GTPγS (1250 Ci/mmol) from Amersham Pharmacia Biotech (Piscataway, NJ).

3. Results

3.1. GABA_B receptor subunit expression

In situ hybridization analyses revealed that all three GABA_B receptor subunits are expressed in the hippocampal pyramidal cell layer (CA1–CA4) and the granule cell

layer of the dentate gyrus (Fig. 1A–C). Sparse labeling was also observed for all three subunits in the stratus oriens and stratus radiatum of the hippocampus. This pattern of distribution for $GABA_{B(1a)}$, $GABA_{B(1b)}$, and $GABA_{B(2)}$ in the hippocampus is qualitatively similar to that reported by others [41–43]. Daily administration of tranylcypromine, fluoxetine, phenelzine or desipramine for 1 week had no significant effect on the relative distribution of any of these subunits in the hippocampus (data not shown).

Image analysis revealed that antidepressant treatment selectively modifies the expression of the GABA_B receptor subunits in the rat hippocampus in comparison with control tissue (Fig. 2). Thus, all of the antidepressants examined significantly (P < 0.05) increased the expression of the GABA_{B(1a)} subunit approximately 20% as compared to control tissue, while none had any effect on the expression of hippocampal GABA_{B(1b)}. As for GABA_{B(2)}, only tranylcypromine administration had any significant (P < 0.05) effect on this subunit, increasing its expression nearly 50% (Fig. 2).

3.2. GABA_B receptor function

The effect of antidepressant administration on GABA_B receptor function was assessed by quantifying [35 S]-GTP γ S binding to hippocampal membrane in the presence of a saturating concentration (1 mM) of baclofen, a GABA_B receptor agonist (Fig. 3). While daily injections of tranylcypromine, phenelzine or desipramine for 1 week significantly (P < 0.05) enhanced the response to baclofen in the hippocampal tissue, treatment with fluoxetine did not. The extent of the enhancement in [35 S]-GTP γ S binding resulting from the administration of the two monoamine oxidase inhibitors and the tricylic antidepressant varied from 40 to 60% as compared to vehicle-treated controls (Fig. 3).

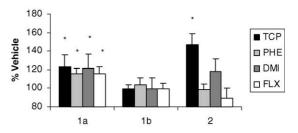


Fig. 2. Image analysis of in situ hybridization of GABA_{B(1a)}, GABA_{B(1b)}, and GABA_{B(2)} receptor subunits in rat hippocampus taken from animals treated with desipramine (DMI; 15 mg/kg, i.p.), tranylcypromine (TCP; 10 mg/kg, i.p.), fluoxetine (FLX; 5 mg/kg, i.p.), or phenelzine (PHE; 10 mg/kg, i.p.) for seven consecutive days. The analysis was graphed from five hippocampal regions from each animal, and the results combined for a single measurement. The height of each bar represents the mean \pm S.E.M. of the results from three different animals. The average value, \pm S.E.M., for all subunits in vehicle-treated animals was 144 \pm 8 grayscale units. Statistically significant from vehicle-treated controls (* *P < 0.05).

4. Discussion

Modification of hippocampal GABA_B receptor activity is known to influence behavior, cognitive performance, and endocrine function [44–51]. Thus, whereas GABA_B receptor antagonists improve performance in both active and passive avoidance tests, baclofen, a GABA_B receptor agonist, impairs spatial learning and working memory in rats. Indeed, a number of agents found to enhance cognitive performance in laboratory animals are believed to reduce GABA_B receptor function [48–50]. Activation of hippocampal GABA_B receptors increases the activity of the hypothalamic-pituitary-adrenal axis, an endocrine system intimately associated with mood disorders [51]. Further evidence linking GABA_B receptors to affective illness are the reports that baclofen administration exacerbates learned helplessness in rats, and that GABA_B receptor antagonists display antidepressant activity in this behavioral test [2,9,52,53]. Given the evidence linking changes

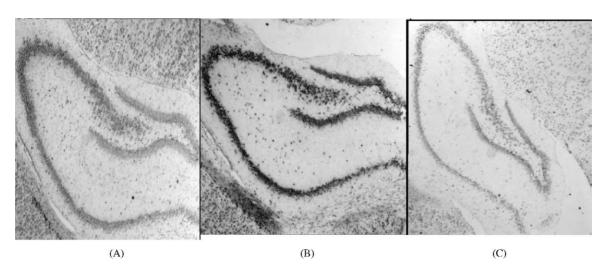


Fig. 1. Distribution of $GABA_B$ receptor subunits in the rat hippocampus as measured using in situ hybridization. (A) $GABA_{B(1a)}$; (B) $GABA_{B(1b)}$; (C) $GABA_{B(2)}$. Magnification = $10 \times$. The data are representative of results obtained from six rats injected (i.p.) with water once daily for seven consecutive days (vehicle controls).

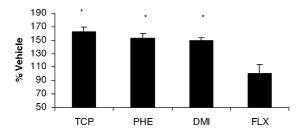


Fig. 3. Baclofen (1 mM)-stimulated [35 S]-GTP γ S binding in hippocampal membranes taken from rats treated with tranylcypromine (TCP; 10 mg/kg, i.p.), desipramine (DMI; 15 mg/kg, i.p.), phenelzine (PHE; 10 mg/kg, i.p.), or fluoxetine (FLX; 5 mg/kg, i.p.) for seven consecutive days. The height of each bar represents the mean \pm S.E.M. of results obtained from six different animals. The average value, \pm S.E.M., for baclofen-stimulated [35 S]-GTP γ S binding in control animals was 952 \pm 74 cpm. *Statistically significant from vehicle-treated controls (P < 0.05).

in hippocampal structure and function with depression, and the widespread distribution of GABA_B receptors in this brain region, it is possible that modifications in this receptor system may contribute to the symptoms of this disorder and the clinical response to antidepressants. Inasmuch as the earlier work aimed at examining a relationship between antidepressants and GABA_B receptors focused on cerebral cortex and yielded conflicting data [3,4,6,7,14,16], the present study was undertaken to determine whether a consistent change in the function or expression of this receptor and its subunits might be more evident in the hippocampus following administration of these drugs.

To examine whether modifications in the hippocampal GABA_B receptor system are a characteristic of this drug class, three different types of antidepressants were tested. Included were tranyleypromine and phenelzine, monoamine oxidase inhibitors, desipramine, a tricyclic antidepressant that inhibits both norepinephrine and serotonin reuptake into neuronal tissue, and fluoxetine, a selective serotonin re-uptake inhibitor. The results of the present study confirmed that all three GABA_B receptor subunits are present in the pyramidal and granule cell layers of the rat hippocampus [41,43]. Moreover, it was found that daily administration of these antidepressants for 1 week had no obvious effect on the apparent pattern of distribution for any of these subunits in this brain region. However, while the overall distribution remained unchanged, the level of expression of some GABA_B receptor subunits was significantly influenced by the administration of these agents. Most consistent was the finding that all four drugs caused small, but statistically significant, increases in the expression of the $GABA_{B(1a)}$ subunit in the hippocampus. The selectivity of this effect is evident by the finding that none of these agents increased the expression of GABA_{B(1b)}, and administration of only one, tranylcypromine, increased the expression of the GABA_{B(2)} subunit. This targeted effect on the $GABA_{B(1a)}$ subunit is intriguing given the reports that other types of manipulations, such as inflammatory pain and electroshock, selectively increase the expression of $GABA_{B(1b)}$, but not $GABA_{B(1a)}$, in the spinal cord and

cerebral cortex, respectively [34,54]. Moreover, inflammatory pain has been reported to enhance the expression of the $GABA_{B(2)}$ subunit in the rat spinal cord dorsal horn [30,34].

It is noteworthy that in the present study the dose of fluoxetine is significantly less, and the duration of treatment with all of the antidepressants substantially shorter, than in other studies aimed at examining their effects on neurochemical markers in brain [36,38,55]. The results of the present experiments therefore suggest that GABA_{B(1a)} expression in the hippocampus may be a particularly sensitive indicator of antidepressant activity.

While tranylcypromine, phenelzine or desipramine administration all increased GABA_B receptor function as measured by quantifying baclofen-stimulated [35 S]-GTP γ S binding in hippocampal membranes, fluoxetine was inactive in this regard. However, it is possible that administration of a higher dose of fluoxetine may also have been effective in this regard. The results with tranylcypromine are similar to those reported in for rat cerebral cortex following chronic administration of this antidepressant [8].

The present findings suggest that the drug-induced changes in GABA_{B(1a)} subunit expression are not necessarily accompanied by an increase in receptor activity. This is in accord with earlier work indicating that the expression of GABA_B receptor subunits is differentially regulated, and that there is not necessarily a correlation between subunit expression and receptor function [29]. In the case of antidepressant administration, it remains possible that the drug-induced increase in GABA_{B(1a)} subunit expression contributes to an increase in GABA_B receptor function in those cases where receptor activity is enhanced, although it may also represent some other type of change in cellular activity. For example, it has been reported that GABA_B receptor subunits are capable of interacting with the transcription factors CREB2 and ATFx, suggesting these proteins may influence cellular function in ways other than through formation of GABA_B receptors [33,56]. Recent data suggest that GABA_B receptor subunit expression is regulated by attachment of CREB to alternative promoters rather than to alternative splicing [33], possibly explaining the selective subunit response to antidepressants observed in the present study.

It was suggested in the past that an antidepressant-induced increase in GABA_B receptor binding or function may indicate that an underactive GABA_B system contributes to the symptoms of depression, and that antidepressants act, in part, to enhance GABAergic transmission [4]. However, since it is now known that GABA_B receptor agonists worsen behavior in animal models of depression, and GABA_B receptor antagonists display antidepressant activity [2,9,52,53], this interpretation seems unlikely. Rather, it appears that an antidepressant-induced increase in GABA_B receptor function may indicate that these drugs diminish GABA_B synaptic activity and that, over time, this is compensated for by an up-regulation in receptor number

or sensitivity. Indeed, it has been reported that chronic treatment with $GABA_B$ receptor antagonists increases $GABA_B$ receptor binding the rat brain frontal cortex and spinal cord, supporting the notion that a reduction in the activity of this receptor system leads to a compensatory increase in receptor number [7,57]. Accordingly, depression, or perhaps certain forms of this disorder, may be associated with an overactive $GABA_B$ receptor system that is indirectly inhibited by antidepressants, leading to overexpression of hippocampal $GABA_{B(1a)}$ subunits and, in some cases, an increase in receptor sensitivity.

While the results of these experiments suggest that antidepressants as a class share a common mechanism in increasing GABA_{B(1a)} receptor subunit expression in the rat hippocampus, without further work this conclusion remains highly speculative. To assign this property to antidepressants it must first be demonstrated that psychotherapeutics without antidepressant efficacy are inactive in this regard. It would also be worthwhile to screen a larger battery of antidepressants to ensure that the selective increase in the expression of this subunit is a characteristic of all clinically effective agents. Confirmatory experiments such as these could provide important new insights into neurochemical abnormalities associated with depression, might yield a biochemical measure for screening antidepressant candidates, and could lead to the design and development of novel agents for the treatment of this condition.

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